

### **This webinar:**

- Describes the current breast cancer burden in Minnesota Latina communities.
- Highlights the unique barriers Latina women face in prevention and detection, treatment and survivorship.
- Identifies cultural characteristics that influence screening.
- Identifies culturally appropriate solutions to increase screening.

### **Featured speakers:**

#### **Julissa Rios, Case Manager**

Julissa Rios grew up in Peru and has been living in Minnesota for 25 years. For the past 18 years, she has worked as a case manager at West Side Community Health Service's La Clinica site, focusing on breast and cervical cancer screening, patient navigation, and linkage to care for the Latina community. Many of her patients experience multiple barriers to care, and it is her job to help them with the process, answer their questions, and provide information, education, and support. She does her best to inspire and provide encouragement to patients to be positive and believe in a new tomorrow full of hope - full of ESPERANZA!



#### **Rachel Fletcher, MPH**

Rachel oversees the Community Health Program at West Side, a team of 14 staff which operates a number of preventive public health programs, ranging from HIV prevention, testing, and treatment, to diabetes prevention, prenatal health, family planning, and breast, cervical, and colorectal cancer screening and linkage to care. She has over fifteen years' experience working in public health, including time in Quito, Ecuador where she worked in a family planning and sexual health clinic as a health educator. In addition to work experience with breast cancer, Rachel has personal experience as a breast cancer survivor who was diagnosed at a young age.

#### **Marah Czaja, P.A.**

Marah is a Family Practice Physician Assistant at West Side Community Health Services, La Clinica. She grew up in Eau Claire, WI. She completed her undergrad degree in Biology and

Spanish in Berea, KY, and later studied medicine to earn her PA degree in Elon, NC. During her undergrad studies, she had the opportunity to spend a year abroad in Mexico and Nicaragua. This helped develop her Spanish language skills and love for the Latino community. She currently works as a Primary Care Provider. She loves working with chronic disease prevention and treatment, mental health, procedures, and adolescent health.